

Richmond Rose Weekly Communication				
P. Oabel - Principal	J. Scott - Vice Principal	L.Davis - Superintendent	C. Liang - Trustee	A. Lem School Council Chair
Date: March 1, 2019				

Online Safety

Dear Families,

As you may be aware, there has been recent media attention on an Internet challenge that may cause concern for families. The Internet provides access to many engaging learning opportunities, but requires responsible use and digital citizenship. Parents play an important role in ensuring their child's safety, including on the Internet. It's important for parents to talk to children about the importance of being safe, protecting their personal information and stressing that they should never disclose personal details that would allow someone online to contact them in real life.

Here are 12 tips to promote safe online behaviour:

- Children should never give anyone their name, address, telephone number, computer password, or any other personal information on the Internet without parental or guardian consent.
- Children should only use social media and websites approved by their parent or guardian.
- Internet use should be encouraged in a central place in your home where you can supervise children's online activities.
- Don't allow a webcam in a child's bedroom.
- Watch for children quickly minimizing sites when you enter the room.
- Reinforce that people online may not be who they say they are.
- Consider using parental controls like Internet filters or blocking software.
- Remind children that everything said online stays in cyberspace forever, whether or not it is deleted.
- Talk to your children about Internet safety and clearly define your rules.
- Never respond to messages that make them feel confused or uncomfortable.
- Pay attention to the games your children may download or copy.
- Never arrange a face-to-face meeting with someone they meet online.

Reinforce a sense of safety.

Some Internet content can evoke a sense of fear or lack of safety in your child. It can be difficult for some children to discern fact / fiction online. Try to offer reassurance that your child is safe. Children and youth take their emotional cues from the significant adults in their lives. Your reactions can help to model calmness to your child. Recognize that some children may be concerned about something bad happening to themselves, family or friends. Explain to them the safety measures in place and reassure them that you and other adults will take care of them.

Be a good listener and observer.

Let children guide you to learn how concerned they are or how much information they need. If they are not focused on the issue, do not dwell on it. However, be available to answer their questions to the best of your ability. Young children may not be able to express themselves verbally. Pay attention to changes in their behaviour or social interactions.

Reach out.

Reach out to the school if you feel that your child may be showing a significant reaction to online material. We may be able to offer some classroom strategies that could help reduce stress. It may also be important to seek additional support from a school mental health professional (i.e., social worker or psychologist) to cope with overwhelming feelings experienced by children and youth.

Sincerely,

Mr. Oabel Ms. Scott

Principal Vice Principal

New Cell Phone Policy

A real focus for us as at Richmond Rose P.S. is to ensure a safe climate for learning so that students are fully prepared for lessons and any distractions are eliminated. To support this, we have made the decision to ban the use of mobile phones within the school because of the negative effect on student learning and well-being. If students decide to bring phones to school, they are to be kept in their locker for the ENTIRE day. At no time will mobile phones be permitted to be used during school hours.

The progressive approach of consequences will be implemented at Richmond Rose P.S. as follows:

A warning will be given to the student and they will also be asked to place the cell phone in their locker for the remainder of the day.

1. A warning will be given to the student and they will also be asked to place the cell phone in their locker for the remainder of the day. Further, a call will be made home to inform the parents/guardians.
2. The student will be asked to take their phone to the office. The phone will be placed, by the student, in a designated safe place. The student can then pick up their phone at the end of the day.
3. The student will be asked to take their phone to the office. The phone will be placed, by the student, in a designated safe place. At this point a phone call will be made home with the requirement for a parent / guardian to collect the phone on their child's behalf.

The restriction is in place at all times while students are on school grounds. This includes school entry, recess and lunch. Phones should not be accessed by students until they have left school. All student-parent communication should be directed through the school office.

Infractions will be dealt with as student discipline, under the Safe and Supportive Schools Policy and Procedures. Failure to comply with any of the aforementioned rules may result in student suspension.

Turn Markers



Into Energy!

Dear Richmond Rose Families,

We are excited to tell you about a very special program happening at Richmond Rose Public School, in conjunction with Crayola. It's called Crayola ColorCycle – an amazing program devised to repurpose used markers rather than sending them to landfills!

The ColorCycle program has repurposed more than 70 tons of expended markers in the United States and Canada since 2013, and uses the most advanced plastic conversion technologies available today to make wax compounds for asphalt and roofing shingles as well as to generate electricity that can be used to heat homes, cook food, and power vehicles.

All around Richmond Rose Public School, students and teachers will be collecting used markers that are ready to be discarded. Please help support our efforts by sending your children in with any used markers you may have around the house- even non-Crayola brands! Highlighters and dry erase markers can also be included.

Drop-off boxes will be located around the school for your child to deposit the markers. We are currently looking to collect empty Lysol containers, which will be repurposed and used as these drop off boxes/ marker recycling bins. If you have any empty containers, please send them in with your child.

Thank you in advance for participating! With the help of parents like you across the country, the Crayola ColorCycle program can continue to keep tons of plastic out of landfills each year.

Remember, don't throw out that used marker—ColorCycle it!

Sincerely,

Richmond Rose Public School

Learn more at <http://www.crayola.com/colorcycle>

March 2019 – Trustee Greetings for School Newsletters

Message From Our Trustee

I hope everyone has had a great start to the second half of the school year. Over the past few months, I have had an opportunity to connect with families, students, staff members and with our broader community. I have seen a lot of exciting opportunities for students to explore their interests, celebrate their identities, and develop skills and knowledge that will benefit them in

the future.

Many students are participating in [skills competitions](#) or other events where they problem-solve, innovate, collaborate and further develop their technical skills. Students compete in robotics, construction, hairdressing, transportation, 3D animation and much more. These events are among the many options available to help students explore different careers and [pathways](#), and gain valuable experience. We are grateful for the support of community partners in helping to provide these great learning opportunities to our students.

I also want to express my appreciation to our broader school community. One of the priorities in our [Multi-Year Strategic Plan](#) is to build collaborative relationships. The relationships that our schools have with families is so important. There are many different ways you can be involved - talking to your child's teacher, asking your child about homework, or volunteering on a field trip or the school council. Your contributions make a difference to your child's success and to the success of our schools.

I hope everyone has an enjoyable March Break.

C. Liang
Trustee

[Parents in the Building](#)

It has come to our attention that some parents/caregivers are waiting inside the building at dismissal time. At no time are any visitors, this includes parents and caregivers, to be in the building without signing in at the main office. **All parents and caregivers are asked to wait outside for students to be dismissed.** Thank you for your cooperation and for helping us keep your children safe.

[Crossing Guard](#)

We are lucky to have a wonderful crossing guard, Mario, who helps keep us safe crossing the road! We would like to remind all parents and caregivers that Mario is there to ensure the safety of everyone crossing. Please respect the role he has and wait for him to tell you when it is safe to cross the road

[Walking to School](#)

We are happy to see so many students walking to school! We would like to ask that all parents/caregivers and students use the sidewalks to come onto school property. It is very unsafe to walk through the parking lot, so please refrain from doing so. Thank you for your cooperation in this matter.

[Le Club Update](#)

Looking for an affordable and play based care for your children? We still have room in our Kindergarten program. Email any/all inquiries to rrleclub@gmail.com

[Parking Lot Safety](#)

PLEASE DO NOT PARK IN THE STAFF PARKING LOT AND DO NOT BLOCK STAFF CARS AT ANY POINT IN THE DAY. PLEASE RESPECT THE SAFETY OF EVERYONE.

The safety of our students is our top priority and we need your cooperation to ensure that we are able to keep your children safe. **Parents are to use the kiss-and-ride to drop off children and not park in staff parking spots** and have children run across the parking lot. We have witnessed many unsafe actions in the parking lot and these are becoming even more concerning with the winter weather upon us. Cars can't stop as fast and visibility is reduced during the winter months.

In addition, for those that choose to park on the street and have your children j-walk across the road, we recommend that you walk over to the crosswalk and cross with the crossing guard. This will ensure a safe crossing for all of our students. A reminder that u-turns are not permitted on Frank Endean Drive as this creates an even greater risk of an accident.

We appreciate your attention and cooperation in this matter.

Parking Lot Safety	
DO	DON'T
<ul style="list-style-type: none">• Walk or ride (bike or scooter) to school with your child(ren) or have your child walk or ride to school with a group of people• Students should use the paved walking areas when walking to the school yard• Use the Kiss and Ride to drop off your child(ren)• Park in legal areas on the street• Cross the street at the crosswalk• Drive with extreme caution, assuming children have the right of way	<ul style="list-style-type: none">• DO NOT PARK OR STOP IN THE BUS LOOP at any time of the day and regardless of the weather• Do not allow students to run across the parking lot• Do not J-Walk across Frank Endean Rd.• Do not do any U-Turns on Frank Endean Rd.• Do not park in the staff parking lot to drop off or pick up your child(ren)

School Bus Cancellations

If the condition of the roads necessitates the cancelation of bus service, local radio stations will be informed as early as possible and will broadcast this information to the community. Please be advised that if buses are cancelled in the morning they will not run after school—regardless of the weather. Review your plans as to what your children will do in the event of late buses or cancellations. Cancellations will be announced on YRDSB websites and www.schoolbuscity.com <http://www.yrdsb.ca> The following radio stations announce cancellations:

AM 640 AM 680 FM 88.5 FM 90.3 AM 1010 AM 1540 FM 92.5 FM 93.1 AM 1050 FM 99.9 FM 97.3 FM 98.1 AM 1530 FM 100.7 FM 104.5 FM 107.1 AM 590

Weather Watch

All students from Junior Kindergarten to Grade 8 are expected to go out for every recess unless the principal or vice-principal decides that weather conditions are so poor that it would be detrimental for them to be outdoors. Students are to come to school ready for winter and prepared to be outdoors up to 40 minutes after lunch. **We always monitor the weather and, in extreme conditions e.g. wind chill; we keep the students indoors or shorten the recess breaks.**

We often receive requests from parents asking us to keep their children indoors during recess times because they are not feeling well. Unfortunately, we do not have the staff or facilities to supervise students who are sick or still recovering from an illness. Students with heavy colds, etc., which are serious enough to prevent them from participating in physical education, recesses or other outdoor activities, should remain at home until their condition improves. This will likely benefit the students concerned and prevent the spread of this illness to others.

Please make sure that your children are dressed properly for our invigorating winter days. It is advisable for students to bring extra pants and socks. A change is often necessary due to the wet and cold weather of the winter months. To avoid adding to our clothing collection in the Lost and Found, please be sure to label all articles of clothing. Boots, hats, mitts/gloves, scarves, and snow pants for the younger children will help make recess an enjoyable time.

Wind chill - Minutes to Frostbite for exposed skin (Environment Canada)

The following are approximate values

Temperature (°C)	-15	-20	-25	-30	-35	-40	-45	-50
Wind (km/h)								
10	*	*	22	15	10 ❄️	8 ❄️	7 ❄️	2 ❄️❄️❄️
20	*	30	14	10 ❄️	5 ❄️❄️	4 ❄️❄️	3 ❄️❄️	2 ❄️❄️❄️
30	*	18	11	8 ❄️	5 ❄️❄️	2 ❄️❄️❄️	2 ❄️❄️❄️	1 ❄️❄️❄️
40	42	14	9 ❄️	5 ❄️❄️	5 ❄️❄️	2 ❄️❄️❄️	2 ❄️❄️❄️	1 ❄️❄️❄️
50	27	12	8 ❄️	5 ❄️❄️	2 ❄️❄️❄️	2 ❄️❄️❄️	2 ❄️❄️❄️	1 ❄️❄️❄️
60	22	10 ❄️	7 ❄️	5 ❄️❄️	2 ❄️❄️❄️	2 ❄️❄️❄️	2 ❄️❄️❄️	1 ❄️❄️❄️
70	18	9 ❄️	5 ❄️❄️	4 ❄️❄️	2 ❄️❄️❄️	2 ❄️❄️❄️	2 ❄️❄️❄️	1 ❄️❄️❄️
80	16	8 ❄️	5 ❄️❄️	4 ❄️❄️	2 ❄️❄️❄️	2 ❄️❄️❄️	2 ❄️❄️❄️	1 ❄️❄️❄️

The wind speed, in km/h, is at the standard anemometer height of 10 metres (as reported in weather observations).

Legend:

Frostbite unlikely

*

Frostbite possible in 2 minutes or less

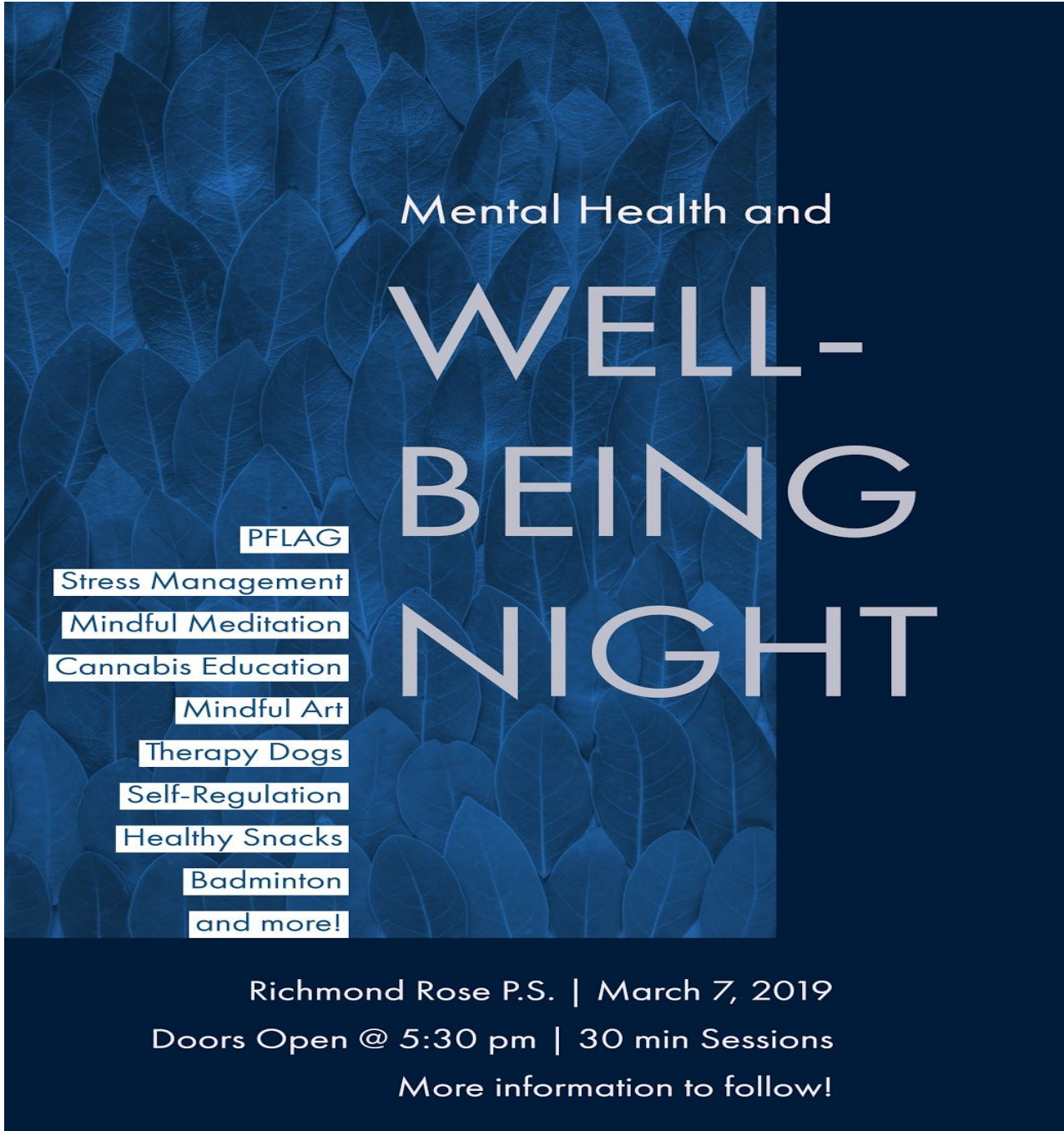
2 ❄️❄️❄️

Frostbite possible in 3 to 5 minutes

5 ❄️❄️

Frostbite possible in 6 to 10 minutes

10 ❄️



Mental Health and WELL- BEING NIGHT

PFLAG

Stress Management

Mindful Meditation

Cannabis Education

Mindful Art

Therapy Dogs

Self-Regulation

Healthy Snacks

Badminton

and more!

Richmond Rose P.S. | March 7, 2019

Doors Open @ 5:30 pm | 30 min Sessions

More information to follow!

Our Well-Being evening is sure to be a fantastic event! Come out to learn more about strategies to support mental health and well-being. We have many presenters and interactive workshops lined up, including our School Psychologist and Social Worker who will be presenting a workshop on stress and anxiety management and York Region Public Health who will be presenting on Cannabis and the impact of legalization. We will also have family activities such as Mindful Art, Calming Techniques and board games available for families to participate in together. We look forward to seeing all of our families come out to enjoy this special event!

WEEK AT-A-GLANCE				
MONDAY March 4 Day 3	TUESDAY March 5 Day 4	WEDNESDAY March 6 Day 5	THURSDAY March 7 Day 1	FRIDAY March 8 Day 2
School Council @ 6:30pm Community Class Gymnastics Trip	Pizza Lunch Jay vs. the World Musical - Gr. 4-8 @ 1:30pm	Grade 5 ROM Trip Intermediate Girls Basketball Regional	Subway Lunch Intermediate Boys Basketball Regional Mental Health and Well-Being Evening @5:30pm	
<u>Dates to keep in mind:</u> March 11-15 - March Break - No School				

Richmond Rose – TOUCHSTONE At Richmond Rose, we take responsibility for our work, words and actions. We put in our best efforts, enjoy our successes, and learn from our mistakes. We embrace each other's differences and care for each other's feelings. We think before we speak and use words that are appropriate for school. Our community is a safe community; a place where we treat people with kindness, respect and dignity. No one is afraid at our school. At Richmond Rose, we are free to succeed!